



San Joaquin Dental Society
SAN JOAQUIN • CALAVERAS • TUOLUMNE • CITY OF GALT

FEBRUARY 20, 2025
GENERAL MEMBERSHIP MEETING

**ERGONOMICS AND FITNESS FOR DENTAL
PROFESSIONALS: ENHANCING POSTURE,
SPINE HEALTH, AND PERFORMANCE**

MICHELLE STONE AND JESSE SERNA
- 2 CEU

5 PM – 8:30 PM


5:00 – 6:00 P.M.: REGISTRATION OPENS,
NETWORKING WITH VENDORS
6:15 P.M.: DINNER SERVED
6:30 P.M.-8:30 P.M.: CE SESSION

HILTON STOCKTON, 2323 GRAND CANAL BLVD, STOCKTON, CA 95207
DATE AND TIME: THU, FEB 20, 2025 5:00 PM – 9:00 PM



This comprehensive course is designed to provide dentists, hygienists, assistants, and office staff with actionable strategies to improve ergonomics and reduce the risk of work-related injuries. Participants will gain a deeper understanding of the importance of posture and spine health in maintaining long-term wellness and productivity in a dental practice.

QUESTIONS?

 (209) 951-1311

 MEMBERSERVICES@SJDS.ORG

REGISTER HERE!

